|  |  |  |  |
| --- | --- | --- | --- |
| **Week/**  **Date** | **Topic and Disorders** | **Reading Assignments** | **Learning Activities** |
|  | | | |
| Week 1  08/29 | EPSLO: 1, 2, 4, 5  Course Outcomes: 2, 3 4, & 5  Unit 1 Objectives:   1. Explain the significance of the assessment phase od Nsg. Process. 2. Apply knowledge of diversity to obtain the history 3. Apply & demonstrate interviewing techniques in obtaining the history 4. Apply & demonstrate therapeutic communication techniques in obtaining a history. 5. Perform a complete health history on a selected client 6. Implement the client’s right to privacy and confidentiality.   Content:   1. Health Assessment 2. Culture 3. Interviewing Techniques 4. Health History 5. Nurse client relationship 6. Cues, clues, & cluster 7. Nursing process 8. Novice-expert 9. EBP 10. Prioritization related to Nursing Process 11. Cultural Diversity 12. Spirituality 13. HIPPA- Privacy & Confidentiality 14. Interviewing Techniques: Therapeutic and non-therapeutic communication 15. Communication Techniques-verbal and non-verbal communication 16. Interpreting assessment data 17. Health History 18. Documentation | ***Chapters 1, 2, 3, 4*** | Nursing process:   * Cues, Clues & Clustering Exercise   Documentation of   * \*Complete Health History due by Nov. 20, 2021. * Heritage Assessment (found in Workbook pg 13 BOX 2-1 SPECTOR’S HERITAGE ASSESSMENT)   Critical Thinking Exercises  Assignments  Study Guide Lab Module Homework   * Chapter 1, 2, 3, & 4 * Review Vocabulary for each Chapter * Answer all Study Guide Questions for each Chapter * Answer All Review Questions for each Chapter * Complete Chapter 2 HEALTH AND ILLNESS BELIEFS AND PRACTICES determination Section |
| Week 2  09/05 | Holiday-No School |  |  |
| Week 3  09/12  Week 4  09/19 | Unit 2, Assessment Techniques, General Survey, Vital Signs, Pain Assessment  EPSLO 1,2, 4, & 5  Course Outcomes 2, 4, 5  Unit Objectives   1. Apply and demonstrate assessment techniques to gather data. 2. Demonstrate safety in the clinical setting 3. Perform a general survey. 4. Perform Height, weight, and BMI 5. Assess and Analyze Temperature, Pulse, Respiration, B/P, Oxygen Saturation Level 6. Perform a Pain Assessment   Unit content   1. Perform inspection, palpation, percussion, auscultation 2. General approach in the clinical setting 3. Temperature, pulse, respiration, B/P, 4. Electronic Vital Signs Monitor, Doppler Technique, SpO2 5. General Survey, appearance, body structure, mobility, behavior 6. Height, Weight, BMI 7. Anatomy Physiology of pain, sources of pain, types of pain 8. Collect subjective and objective data related to pain 9. Chronic Pain Behaviors 10. Pain scales 11. Documentation   **Unit 3 –** **Integumentary System**  EPSLO 1, 2, 3, 4, 5,  Course Outcomes 1, 2, 3, 4, 5  Unit Objectives   1. Perform a system-specific health history 2. Collect subjective and objective data 3. Apply the specific system nursing assessment techniques 4. Identify alteration in the integumentary system   **Content**  Student will perform the following assessments:   1. Color, moisture, temperature 2. Skin turgor 3. Edema. 4. Nail beds 5. Lesions 6. Bruises 7. Pressure Ulcers 8. Capillary refill 9. Documentation | Chapters 8, 9, 10, 11  Chapter 13 | Assessment techniques   * Return Demonstrations   General Survey   * Perform a General Survey on a classmate (Workbook- REGIONAL WRITE-UP—GENERAL SURVEY, VITAL SIGN pg. 67 * Perform Height and Weight and BMI on a classmate   Vital Signs   * Perform electronic Vital Signs &SpO2 on classmate   Pain Assessment   * Perform a pain assessment on a classmate using different pain scales. (Workbook pg. 79-80)   Critical Thinking Exercises  Assignments  Study Guide Lab Module Homework   * Chapter 8.9.10 & 11 * Review Vocabulary for each Chapter * Answer all Study Guide Questions for each Chapter * Answer All Review Questions for each Chapter * Chapter 11 Pain diagram pg 76   Perform skin assessment , Perform pressure ulcers assessment on low fidelity models  Identify skin lesions.  Assess edema with low fidelity models.  Document Skin Assessment (Workbook pgs. 95-96)  Critical Thinking Exercises  Skin case studies with critical thinking exercise  Assignments:  Study Guide Lab Module Homework   * Chapter 13 * Review Vocabulary * Answer all Study Guide Questions * Answer All Review Questions including Matching Columns. * Assess your knowledge pg 97.   Reference Videos  Bates Skin Assessment Videos  Jarvis Videos found under Student Resources on-line |
| Week 5  09/26 | **Exam 1 Chapters 1, 2, 3, 4, 8, 9, 10, 11, 13**  **Unit 4 Respiratory**  EPSLO 1, 2, 3, 4, 5  Course Objectives; 1, 2, 3, 4, 5  Unit Objectives   1. Perform a system-specific health history 2. Collect subjective and objective data 3. Apply and demonstrate the specific system nursing assessment techniques 4. Identify alteration in the respiratory system   **Content**  Student will demonstrate the following assessments:   1. Skin 2. Chest appearance- A/P diameter 3. Chest expansion 4. Tactile Fremitus 5. Percussion=Resonance 6. Vocal sounds 7. Lung sounds 8. Documentation | Chapter 19 | Exam 1-Chapters 1, 2, 3, 4, 8, 9, 10, 11, 13  Assess theoretical learning with written examinations using multiple choice questions, fill in the blank questions, select all that apply questions. Hot spots questions and put in order questions  Perform a thorax & lungs assessment  Document assessment findings (pgs 161-162)  Assess adventitious lung sounds using high fidelity models  Critical Thinking Exercises  Respiratory case study with critical thinking exercises  Assignments:  Study Guide Lab Module Homework   * Chapter 19 * Review Vocabulary * Answer all Study Guide Questions * Answer All Review Questions including Matching Columns & Diagrams   Reference Videos  Bates Thorax & Lungs Assessment Videos  Jarvis Videos found under Student Resources on-line.  ATI Skills Videos Respiratory Assessment  ATI Health Assess Module Respiratory |
|  | | | |
| Week 6  10/3 | Unit 5 Cardiovascular System  Unit 6-Peripheral Vascular System  EPSLO: 1. 2. 3. 4, 5  Course Outcomes 1, 2, 3, 4, 5,  Unit Objectives   1. Perform a system-specific health history 2. Collect subjective and objective data 3. Apply and demonstrate the specific system nursing assessment techniques 4. Identify alteration in the neck, cardiac system.   **Content**  Student will demonstrate the following assessments:   1. Skin 2. Capillary refill 3. Pericardial area 4. Chest wall 5. Jugular vein 6. Carotid artery 7. Heart rate 8. Heart sounds 9. Edema 10. Color, temperature 11. Pulses 12. DVT 13. Circulation, Motor, Sensation 14. Documentation | Chapter 20 & Chapter 21 | Perform a heart & neck vessel assessment.  Document heart and neck vessels assessment (Workbook pgs. 175-176)  Perform a peripheral vascular assessment.  Document peripheral vascular assessment (Workbook pgs 187-189)  Assess irregular heart sounds and murmurs using high fidelity models  Critical Thinking Exercises  Heart and Neck Vessel case study with critical thinking exercises.  Assignments:  Study Guide Lab Module Homework   * Chapter 20 &21 * Review Vocabulary for each Chapter * Answer all Study Guide Questions for each Chapter * Answer All Review Questions including Matching Columns & Diagrams for each Chapter   Reference Videos  Bates Cardio & Peripheral Assessment Videos  Jarvis Videos found under Student Resources on-line.  ATI Skills Videos Cardiovascular Assessment  ATI Health Assess Module Cardiovascular |
|  | | | |
| Week 7  10/10 | Performance Exam Practice  EPSLO: 1, 2, 3, 4, 5  Course Outcomes: 1, 2, 3, 4,5  Unit Objectives  Gather subjective and objective data while performing a physical assessment on the skin and respiratory system.  Gather subjective and objective data while performing a physical assessment on the skin and cardiovascular and peripheral system.  Content  Practice gathering subjective and objective data while perform a physical assessment on the skin and respiratory system.  Practice gathering subjective and objective data while perform a physical assessment on the skin and cardiovascular and peripheral system | Review Chapters 13, 19, 20, 21 | Use white tee shirts to draw underlying organs and landmarks.  Perform skin, thorax and lung assessment, perform skin, neck vessels, heart, and peripheral assessment on a partner  Document findings. |
|  | | | |
| Week 8  10/17 | Performance Exam 1  EPSLO: 1, 2, 3, 4, 5  Course Outcomes: 1, 2, 3, 4,5  Unit Objectives  Evaluate the student’s ability to gather subjective and objective data while perform a physical assessment on the skin and respiratory system. |  | Student will randomly select either skin and respiratory or skin and cardiovascular, peripheral assessment and gather subjective and objective data while perform a physical assessment on client. Document findings.  **Students will be evaluated using the performance manual criteria** |
|  | | | |
| Week 9  10/24 | Unit 7 Head, Neck and Face,  Unit 8 Eyes, Ears, Nose, Throat    EPSLO: 1, 2, 4, 5,  Course Outcomes: 1, 2, 3, 4, 5  Unit 4 Objectives:   1. Perform a system-specific health history 2. Collect subjective and objective data 3. Apply the specific system nursing assessment techniques 4. Identify alteration in the head, neck, and face.   Unit 5 Objectives   1. Perform a system-specific health history 2. Collect subjective and objective data 3. Apply the specific system nursing assessment techniques 4. Identify alteration in the e 5. yes, ears, nose, and throat   Content  Student will demonstrate the following assessments:   1. External structures 2. Symmetry 3. Nodules/masses 4. Lymph nodes 5. Sensory stimulation 6. Range of motion 7. Thyroid and trachea 8. Jugular Vein Distention | Chapters 14, 15, 16, 17 | Perform an assessment of the head, ears, eyes, nose, mouth, throat, and neck.  Document finds of Head (pgs. 105-106)  Document findings of Eyes (pgs. 117-118)  Document findings of Ears pgs. (pgs. 127-128)  Document findings of Mouth (pgs. 137-138)  Head, eyes, ears, nose, throat and neck case studies with critical thinking exercise.  Assignments:  Study Guide Lab Module Homework   * Chapters 14, 15, 16, 17 * Review Vocabulary for each Chapter * Answer all Study Guide Questions for each Chapter * Answer All Review Questions including Matching Columns & Diagrams for each Chapter   Reference Videos  Bates HEENT Assessment Videos  Jarvis Videos found under Student Resources on-line.  ATI Skills Videos Cardiovascular Assessment  ATI Health Assess Module Cardiovascular |
|  | | | |
| Week 10  10/31 | Exam # 2 Chapters 19, 20, 21  Unit 7 Head, Neck and Face,  Unit 8 Eyes, Ears, Nose, Throat    EPSLO: 1, 2, 4, 5,  Course Outcomes: 1, 2, 3, 4, 5  Unit 4 Objectives:   1. Perform a system-specific health history 2. Collect subjective and objective data 3. Apply the specific system nursing assessment techniques 4. Identify alteration in the head, neck, and face.   Unit 5 Objectives   1. Perform a system-specific history 2. Collect subjective data and objective data. 3. Apply the techniques of inspection and palpation 4. Identify alteration in the eyes, ears, nose, and throat   Content  Student will demonstrate the following assessments:   1. External structures 2. Symmetry 3. Nodules/masses 4. Lymph nodes 5. Sensory stimulation 6. Range of motion 7. Thyroid and trachea 8. Jugular Vein Distention 9. Carotid arteries 10. Visual acuity 11. Pupillary reaction 12. Six Cardinal Fields of Gaze 13. Hearing acuity 14. Whisper test 15. Rhine & Weber Test 16. Lips, gums, tongue, and Teeth 17. Salivary glands 18. Sense of taste 19. Documentation | Chapters 14, 15, 16, 17, 1 | Exam 2-Chapters 19, 20, 21  Assess theoretical learning with written examinations using multiple choice questions, fill in the blank questions, select all that apply questions. Hot spots questions and put in order questions  Perform an assessment of the head, ears, eyes, nose, mouth, throat, and neck.  Document finds of Head (pgs. 105-106)  Document findings of Eyes (pgs. 117-118)  Document findings of Ears pgs. (pgs. 127-128)  Document findings of Mouth (pgs. 137-138)  Head, eyes, ears, nose, throat and neck case studies with critical thinking exercise.  Assignments:  Study Guide Lab Module Homework   * Chapters 14, 15, 16, 17 * Review Vocabulary for each Chapter * Answer all Study Guide Questions for each Chapter * Answer All Review Questions including Matching Columns & Diagrams for each Chapter   Reference Videos  Bates HEENT Assessment Videos  Jarvis Videos found under Student Resources on-line.  ATI Skills Videos Head, Neck, Neuro |
|  | | | |
| Week 11  11/7 | Unit 9  Mental Status and Neurological System  EPSLO: 1, 2, 4, 5  Course Outcomes: 1, 2,3, 4, 5  Unit Objectives   1. Perform a system-specific health history 2. Collect subjective and objective data 3. Apply the specific system nursing assessment techniques 4. Identify alterations in the neurological system 5. Identify alterations in mental status 6. Suicide Assessment 7. Documentation   **Content**  Student will demonstrate the following assessments:     1. Appearance, Behavior, Cognitive, Thought process 2. Mini mental status 3. Glasgow Coma Scale 4. Suicide ideation 5. Cranial Nerves 6. Sensory function 7. Fine motor function 8. Gross motor function 9. Balance 10. Romberg test 11. Gait and Tandem walking 12. Documentation | Chapters 5, 24 | Perform a mental status assessment and neurological assessment.  Document Mental Status (Workbook pg. 43).  Document Neurological System (Workbook, Pg. 223-225)  Critical Thinking Exercises  Neurological case studies with critical thinking exercise.  Assignments:  Study Guide, Lab Module Homework   * Chapters 5 & 24 * Review Vocabulary for each Chapter * Answer all Study Guide Questions for each Chapter * Answer All Review Questions including Matching Columns & Diagrams for each Chapter   Reference Videos  Bates Mental Status, & Neuro Videos  Jarvis Videos found under Student Resources on-line.  ATI Skills Videos Neuro |
|  | | | |
| Week 12  11/14 | Exam # 3 Chapters 5, 14, 15, 16, 17, 24  Unit 11-Gastrointestinal & Nutrition  Unit 12- Musculoskeletal  EPSLO: 2, 4  Course Outcomes: 1, 2, 3, 4, 5  Unit Objectives:   1. Perform a system-specific health history 2. Collect subjective and objective data 3. Apply the specific system nursing assessment techniques 4. Identify alteration in the musculoskeletal system 5. Identify alterations in the gastrointestinal system   **Content**  Student will demonstrate the following assessments:   1. Change in appetite 2. Weight gain or loss 3. Dysphagia 4. Intolerance to certain foods 5. Nausea and vomiting 6. Change in bowel habits 7. Abdomen assessment 8. Nutritional Assessment 9. Range of Motion of joints 10. Muscular strength 11. Posture 12. Tendon reflexes 13. Documentation | Chapters 12, 22, 23 | Exam 3-Chapters 5, 14, 15, 16, 17, 24  Assess theoretical learning with written examinations using multiple choice questions, fill in the blank questions, select all that apply questions. Hot spots questions and put in order questions  Perform and Document a Nutritional Assessment (Workbook pg. 86)  Perform an abdominal assessment and musculoskeletal assessment.  Document Findings of Abdominal Assessment (Workbook pgs. 199-200)  Document Findings of Musculoskeletal Assessment (Workbook pgs. 209-211)  Critical Thinking Exercises  Abdominal case studies with critical thinking exercise.  Assignments:  Study Guide, Lab Module Homework   * Chapters 12, 22 & 23 * Review Vocabulary for each Chapter * Answer all Study Guide Questions for each Chapter * Answer All Review Questions including Matching Columns & Diagrams for each Chapter   Reference Videos  Bates Abdomen and Musculoskeletal Videos  Jarvis Videos found under Student Resources on-line.  ATI Skills Videos Abdomen, Musculoskeletal |
|  | | | |
| Week 13  11/21 | Performance Exam 2  EPSLO: 1, 2, 4, 5  Course Outcomes: 1, 2, 3, 4, 5  Course Objectives:  Evaluate the student’s ability to gather subjective and objective data while perform a physical assessment.  **Recorded**  **Unit 13 Breast, Axillae, & Regional**  **Lymphatics**  **Unit 12- Genitourinary**  EPSLO: 2, 4  Course Outcomes: 1, 2, 3, 4, 5  Unit  Objectives:   1. Perform a system-specific health history 2. Collect subjective and objective data 3. Apply the specific system nursing assessment techniques 4. Identify alteration in the breast 5. Identify alteration in the GU system   **Content**  Student will demonstrate the following assessments:   1. Female Self Breast Exams 2. Male Breast Exams 3. Lymph nodes 4. Signs & Symptoms of Breast Cancer 5. Urinary tract infections, burning, frequency, 6. Presence of blood in urine, sediment, odor with urine, 7. History of kidney, renal, and genital health issues. 8. Nocturia 9. Bladder scan 10. Incomplete bladder emptying 11. Frequency, urgency 12. Documentation   Unit 14 Aging Adult    EPSLO: 2, 4,  Course Outcomes 1, 2, 3, 4, 5  Course Objectives   1. Recognize the developmental tasks 2. Interpret the normal aging deviations found 3. Putting it all together   Content  Student will demonstrate the following assessments:   1. Normal vs abnormal findings 2. Normal finding due to aging 3. Growth and development 4. Head to Toe Assessment 5. Documentation | Chapters 5, 14, 15, 16, 17, 22, 23, 24  Chapters 18, 25, 26, 27  Chapter 32, 28 | Student will randomly select the following assessment and gather subjective and objective data while perform a physical assessment on client.   1. Perform a mental status and neurological examination 2. Perform a mental status and HEENT examination 3. Perform a mental status and abdominal assessment 4. Perform a mental status and musculoskeletal assessment   Document Findings  **Students will be evaluated using the performance manual criteria.**  Study Guide, Lab Module Homework   * Chapters 18, 25, 26, &27 * Review Vocabulary for each Chapter * Answer all Study Guide Questions for each Chapter * Answer All Review Questions including Matching Columns & Diagrams for each Chapter for each chapter   Reference Videos  Bates Mental Breast Videos  Jarvis Videos found under Student Resources on-line.  Perform a functional assessment and perform a head to toe examination  Document findings of a complete head to toe assessment (Workbook pgs. 259-263)  Aging adult case study with critical thinking exercise.  \*Health History Due  Study Guide, Lab Module Homework   * Chapters 32 & 28 * Review Vocabulary for each Chapter * Answer all Study Guide Questions for each Chapter * Answer All Review Questions including Matching Columns & Diagrams for each Chapter   Reference Videos  Bates Head-Toe Videos  Jarvis Videos found under Student Resources on-line.  ATI Skills Videos. |
| Week 14  11/28 | Holiday No Class |  |  |
| Week 15  12/05 | Final Performance Examination  EPSLO: 1, 2, 4, 5  Course Outcomes: 1, 2, 3, 4, 5  Course Objectives:  Evaluate the student’s ability to identify a client issue and then gather subjective and objective data while performing a focused physical assessment. |  | The Students will randomly select a case study, identify the issue and perform a focused assessment |
| Week 16  12/12 | Comprehensive Final Examination  Retest if needed  EPSLO: 1, 2, 3, 4, 5  Course Outcomes 1,2, 3, 4, 5  Course Objectives: Evaluate theoretical learning | Chapters 1,2,3, 4,5, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 32. | Assess theoretical learning with written examinations using multiple choice questions, fill in the blank questions, select all that apply questions. Hot spots questions and put in order questions |