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| **Week/****Date** | **Topic and Disorders** | **Reading Assignments** | **Learning Activities**  |
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| Week 108/29 | EPSLO: 1, 2, 4, 5Course Outcomes: 2, 3 4, & 5Unit 1 Objectives: 1. Explain the significance of the assessment phase od Nsg. Process.
2. Apply knowledge of diversity to obtain the history
3. Apply & demonstrate interviewing techniques in obtaining the history
4. Apply & demonstrate therapeutic communication techniques in obtaining a history.
5. Perform a complete health history on a selected client
6. Implement the client’s right to privacy and confidentiality.

Content: 1. Health Assessment
2. Culture
3. Interviewing Techniques
4. Health History
5. Nurse client relationship
6. Cues, clues, & cluster
7. Nursing process
8. Novice-expert
9. EBP
10. Prioritization related to Nursing Process
11. Cultural Diversity
12. Spirituality
13. HIPPA- Privacy & Confidentiality
14. Interviewing Techniques: Therapeutic and non-therapeutic communication
15. Communication Techniques-verbal and non-verbal communication
16. Interpreting assessment data
17. Health History
18. Documentation
 | ***Chapters 1, 2, 3, 4*** | Nursing process:* Cues, Clues & Clustering Exercise

Documentation of * \*Complete Health History due by Nov. 20, 2021.
* Heritage Assessment (found in Workbook pg 13 BOX 2-1 SPECTOR’S HERITAGE ASSESSMENT)

Critical Thinking ExercisesAssignmentsStudy Guide Lab Module Homework* Chapter 1, 2, 3, & 4
* Review Vocabulary for each Chapter
* Answer all Study Guide Questions for each Chapter
* Answer All Review Questions for each Chapter
* Complete Chapter 2 HEALTH AND ILLNESS BELIEFS AND PRACTICES determination Section

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| Week 2 09/05 | Holiday-No School  |  |  |
| Week 309/12Week 409/19 | Unit 2, Assessment Techniques, General Survey, Vital Signs, Pain Assessment  EPSLO 1,2, 4, & 5Course Outcomes 2, 4, 5Unit Objectives 1. Apply and demonstrate assessment techniques to gather data.
2. Demonstrate safety in the clinical setting
3. Perform a general survey.
4. Perform Height, weight, and BMI
5. Assess and Analyze Temperature, Pulse, Respiration, B/P, Oxygen Saturation Level
6. Perform a Pain Assessment

Unit content 1. Perform inspection, palpation, percussion, auscultation
2. General approach in the clinical setting
3. Temperature, pulse, respiration, B/P,
4. Electronic Vital Signs Monitor, Doppler Technique, SpO2
5. General Survey, appearance, body structure, mobility, behavior
6. Height, Weight, BMI
7. Anatomy Physiology of pain, sources of pain, types of pain
8. Collect subjective and objective data related to pain
9. Chronic Pain Behaviors
10. Pain scales
11. Documentation

**Unit 3 –** **Integumentary System**  EPSLO 1, 2, 3, 4, 5,Course Outcomes 1, 2, 3, 4, 5Unit Objectives 1. Perform a system-specific health history
2. Collect subjective and objective data
3. Apply the specific system nursing assessment techniques
4. Identify alteration in the integumentary system

**Content**Student will perform the following assessments: 1. Color, moisture, temperature
2. Skin turgor
3. Edema.
4. Nail beds
5. Lesions
6. Bruises
7. Pressure Ulcers
8. Capillary refill
9. Documentation
 | Chapters 8, 9, 10, 11Chapter 13 | Assessment techniques* Return Demonstrations

General Survey* Perform a General Survey on a classmate (Workbook- REGIONAL WRITE-UP—GENERAL SURVEY, VITAL SIGN pg. 67
* Perform Height and Weight and BMI on a classmate

Vital Signs* Perform electronic Vital Signs &SpO2 on classmate

Pain Assessment * Perform a pain assessment on a classmate using different pain scales. (Workbook pg. 79-80)

Critical Thinking ExercisesAssignments Study Guide Lab Module Homework* Chapter 8.9.10 & 11
* Review Vocabulary for each Chapter
* Answer all Study Guide Questions for each Chapter
* Answer All Review Questions for each Chapter
* Chapter 11 Pain diagram pg 76

Perform skin assessment , Perform pressure ulcers assessment on low fidelity modelsIdentify skin lesions.Assess edema with low fidelity models.Document Skin Assessment (Workbook pgs. 95-96)Critical Thinking Exercises Skin case studies with critical thinking exerciseAssignments:Study Guide Lab Module Homework* Chapter 13
* Review Vocabulary
* Answer all Study Guide Questions
* Answer All Review Questions including Matching Columns.
* Assess your knowledge pg 97.

Reference VideosBates Skin Assessment VideosJarvis Videos found under Student Resources on-line  |
| Week 509/26  | **Exam 1 Chapters 1, 2, 3, 4, 8, 9, 10, 11, 13****Unit 4 Respiratory**EPSLO 1, 2, 3, 4, 5Course Objectives; 1, 2, 3, 4, 5Unit Objectives 1. Perform a system-specific health history
2. Collect subjective and objective data
3. Apply and demonstrate the specific system nursing assessment techniques
4. Identify alteration in the respiratory system

**Content**Student will demonstrate the following assessments:1. Skin
2. Chest appearance- A/P diameter
3. Chest expansion
4. Tactile Fremitus
5. Percussion=Resonance
6. Vocal sounds
7. Lung sounds
8. Documentation
 | Chapter 19 | Exam 1-Chapters 1, 2, 3, 4, 8, 9, 10, 11, 13 Assess theoretical learning with written examinations using multiple choice questions, fill in the blank questions, select all that apply questions. Hot spots questions and put in order questions Perform a thorax & lungs assessment Document assessment findings (pgs 161-162)Assess adventitious lung sounds using high fidelity modelsCritical Thinking ExercisesRespiratory case study with critical thinking exercisesAssignments:Study Guide Lab Module Homework* Chapter 19
* Review Vocabulary
* Answer all Study Guide Questions
* Answer All Review Questions including Matching Columns & Diagrams

Reference VideosBates Thorax & Lungs Assessment VideosJarvis Videos found under Student Resources on-line.ATI Skills Videos Respiratory Assessment ATI Health Assess Module Respiratory |
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| Week 610/3 | Unit 5 Cardiovascular SystemUnit 6-Peripheral Vascular SystemEPSLO: 1. 2. 3. 4, 5Course Outcomes 1, 2, 3, 4, 5,Unit Objectives 1. Perform a system-specific health history
2. Collect subjective and objective data
3. Apply and demonstrate the specific system nursing assessment techniques
4. Identify alteration in the neck, cardiac system.

**Content**Student will demonstrate the following assessments:1. Skin
2. Capillary refill
3. Pericardial area
4. Chest wall
5. Jugular vein
6. Carotid artery
7. Heart rate
8. Heart sounds
9. Edema
10. Color, temperature
11. Pulses
12. DVT
13. Circulation, Motor, Sensation
14. Documentation
 | Chapter 20 & Chapter 21 | Perform a heart & neck vessel assessment.Document heart and neck vessels assessment (Workbook pgs. 175-176)Perform a peripheral vascular assessment.Document peripheral vascular assessment (Workbook pgs 187-189)Assess irregular heart sounds and murmurs using high fidelity modelsCritical Thinking ExercisesHeart and Neck Vessel case study with critical thinking exercises.Assignments:Study Guide Lab Module Homework* Chapter 20 &21
* Review Vocabulary for each Chapter
* Answer all Study Guide Questions for each Chapter
* Answer All Review Questions including Matching Columns & Diagrams for each Chapter

Reference VideosBates Cardio & Peripheral Assessment VideosJarvis Videos found under Student Resources on-line.ATI Skills Videos Cardiovascular Assessment ATI Health Assess Module Cardiovascular  |
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| Week 710/10 | Performance Exam Practice EPSLO: 1, 2, 3, 4, 5Course Outcomes: 1, 2, 3, 4,5Unit Objectives Gather subjective and objective data while performing a physical assessment on the skin and respiratory system. Gather subjective and objective data while performing a physical assessment on the skin and cardiovascular and peripheral system. ContentPractice gathering subjective and objective data while perform a physical assessment on the skin and respiratory system. Practice gathering subjective and objective data while perform a physical assessment on the skin and cardiovascular and peripheral system | Review Chapters 13, 19, 20, 21 | Use white tee shirts to draw underlying organs and landmarks. Perform skin, thorax and lung assessment, perform skin, neck vessels, heart, and peripheral assessment on a partnerDocument findings.  |
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| Week 810/17 | Performance Exam 1EPSLO: 1, 2, 3, 4, 5Course Outcomes: 1, 2, 3, 4,5Unit Objectives Evaluate the student’s ability to gather subjective and objective data while perform a physical assessment on the skin and respiratory system.  |  | Student will randomly select either skin and respiratory or skin and cardiovascular, peripheral assessment and gather subjective and objective data while perform a physical assessment on client. Document findings.**Students will be evaluated using the performance manual criteria**  |
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| Week 910/24 | Unit 7 Head, Neck and Face,Unit 8 Eyes, Ears, Nose, Throat EPSLO: 1, 2, 4, 5,Course Outcomes: 1, 2, 3, 4, 5Unit 4 Objectives: 1. Perform a system-specific health history
2. Collect subjective and objective data
3. Apply the specific system nursing assessment techniques
4. Identify alteration in the head, neck, and face.

Unit 5 Objectives1. Perform a system-specific health history
2. Collect subjective and objective data
3. Apply the specific system nursing assessment techniques
4. Identify alteration in the e
5. yes, ears, nose, and throat

ContentStudent will demonstrate the following assessments:1. External structures
2. Symmetry
3. Nodules/masses
4. Lymph nodes
5. Sensory stimulation
6. Range of motion
7. Thyroid and trachea
8. Jugular Vein Distention
 | Chapters 14, 15, 16, 17 | Perform an assessment of the head, ears, eyes, nose, mouth, throat, and neck.Document finds of Head (pgs. 105-106)Document findings of Eyes (pgs. 117-118)Document findings of Ears pgs. (pgs. 127-128)Document findings of Mouth (pgs. 137-138)Head, eyes, ears, nose, throat and neck case studies with critical thinking exercise.Assignments:Study Guide Lab Module Homework* Chapters 14, 15, 16, 17
* Review Vocabulary for each Chapter
* Answer all Study Guide Questions for each Chapter
* Answer All Review Questions including Matching Columns & Diagrams for each Chapter

Reference VideosBates HEENT Assessment VideosJarvis Videos found under Student Resources on-line.ATI Skills Videos Cardiovascular Assessment ATI Health Assess Module Cardiovascular  |
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| Week 1010/31 | Exam # 2 Chapters 19, 20, 21Unit 7 Head, Neck and Face,Unit 8 Eyes, Ears, Nose, Throat EPSLO: 1, 2, 4, 5,Course Outcomes: 1, 2, 3, 4, 5Unit 4 Objectives: 1. Perform a system-specific health history
2. Collect subjective and objective data
3. Apply the specific system nursing assessment techniques
4. Identify alteration in the head, neck, and face.

Unit 5 Objectives1. Perform a system-specific history
2. Collect subjective data and objective data.
3. Apply the techniques of inspection and palpation
4. Identify alteration in the eyes, ears, nose, and throat

ContentStudent will demonstrate the following assessments:1. External structures
2. Symmetry
3. Nodules/masses
4. Lymph nodes
5. Sensory stimulation
6. Range of motion
7. Thyroid and trachea
8. Jugular Vein Distention
9. Carotid arteries
10. Visual acuity
11. Pupillary reaction
12. Six Cardinal Fields of Gaze
13. Hearing acuity
14. Whisper test
15. Rhine & Weber Test
16. Lips, gums, tongue, and Teeth
17. Salivary glands
18. Sense of taste
19. Documentation
 | Chapters 14, 15, 16, 17, 1 | Exam 2-Chapters 19, 20, 21 Assess theoretical learning with written examinations using multiple choice questions, fill in the blank questions, select all that apply questions. Hot spots questions and put in order questions Perform an assessment of the head, ears, eyes, nose, mouth, throat, and neck.Document finds of Head (pgs. 105-106)Document findings of Eyes (pgs. 117-118)Document findings of Ears pgs. (pgs. 127-128)Document findings of Mouth (pgs. 137-138)Head, eyes, ears, nose, throat and neck case studies with critical thinking exercise.Assignments:Study Guide Lab Module Homework* Chapters 14, 15, 16, 17
* Review Vocabulary for each Chapter
* Answer all Study Guide Questions for each Chapter
* Answer All Review Questions including Matching Columns & Diagrams for each Chapter

Reference VideosBates HEENT Assessment VideosJarvis Videos found under Student Resources on-line.ATI Skills Videos Head, Neck, Neuro |
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| Week 1111/7 | Unit 9Mental Status and Neurological SystemEPSLO: 1, 2, 4, 5Course Outcomes: 1, 2,3, 4, 5Unit Objectives 1. Perform a system-specific health history
2. Collect subjective and objective data
3. Apply the specific system nursing assessment techniques
4. Identify alterations in the neurological system
5. Identify alterations in mental status
6. Suicide Assessment
7. Documentation

**Content**Student will demonstrate the following assessments:  1. Appearance, Behavior, Cognitive, Thought process
2. Mini mental status
3. Glasgow Coma Scale
4. Suicide ideation
5. Cranial Nerves
6. Sensory function
7. Fine motor function
8. Gross motor function
9. Balance
10. Romberg test
11. Gait and Tandem walking
12. Documentation
 | Chapters 5, 24 | Perform a mental status assessment and neurological assessment.Document Mental Status (Workbook pg. 43).Document Neurological System (Workbook, Pg. 223-225)Critical Thinking ExercisesNeurological case studies with critical thinking exercise.Assignments:Study Guide, Lab Module Homework* Chapters 5 & 24
* Review Vocabulary for each Chapter
* Answer all Study Guide Questions for each Chapter
* Answer All Review Questions including Matching Columns & Diagrams for each Chapter

Reference VideosBates Mental Status, & Neuro VideosJarvis Videos found under Student Resources on-line.ATI Skills Videos Neuro |
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| Week 1211/14 | Exam # 3 Chapters 5, 14, 15, 16, 17, 24Unit 11-Gastrointestinal & Nutrition Unit 12- MusculoskeletalEPSLO: 2, 4Course Outcomes: 1, 2, 3, 4, 5Unit Objectives:1. Perform a system-specific health history
2. Collect subjective and objective data
3. Apply the specific system nursing assessment techniques
4. Identify alteration in the musculoskeletal system
5. Identify alterations in the gastrointestinal system

**Content**Student will demonstrate the following assessments:1. Change in appetite
2. Weight gain or loss
3. Dysphagia
4. Intolerance to certain foods
5. Nausea and vomiting
6. Change in bowel habits
7. Abdomen assessment
8. Nutritional Assessment
9. Range of Motion of joints
10. Muscular strength
11. Posture
12. Tendon reflexes
13. Documentation
 | Chapters 12, 22, 23 | Exam 3-Chapters 5, 14, 15, 16, 17, 24 Assess theoretical learning with written examinations using multiple choice questions, fill in the blank questions, select all that apply questions. Hot spots questions and put in order questions Perform and Document a Nutritional Assessment (Workbook pg. 86)Perform an abdominal assessment and musculoskeletal assessment.Document Findings of Abdominal Assessment (Workbook pgs. 199-200)Document Findings of Musculoskeletal Assessment (Workbook pgs. 209-211)Critical Thinking ExercisesAbdominal case studies with critical thinking exercise.Assignments:Study Guide, Lab Module Homework* Chapters 12, 22 & 23
* Review Vocabulary for each Chapter
* Answer all Study Guide Questions for each Chapter
* Answer All Review Questions including Matching Columns & Diagrams for each Chapter

Reference VideosBates Abdomen and Musculoskeletal VideosJarvis Videos found under Student Resources on-line.ATI Skills Videos Abdomen, Musculoskeletal  |
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| Week 1311/21 | Performance Exam 2 EPSLO: 1, 2, 4, 5Course Outcomes: 1, 2, 3, 4, 5Course Objectives:Evaluate the student’s ability to gather subjective and objective data while perform a physical assessment. **Recorded** **Unit 13 Breast, Axillae, & Regional** **Lymphatics****Unit 12- Genitourinary**EPSLO: 2, 4Course Outcomes: 1, 2, 3, 4, 5UnitObjectives:1. Perform a system-specific health history
2. Collect subjective and objective data
3. Apply the specific system nursing assessment techniques
4. Identify alteration in the breast
5. Identify alteration in the GU system

**Content**Student will demonstrate the following assessments:1. Female Self Breast Exams
2. Male Breast Exams
3. Lymph nodes
4. Signs & Symptoms of Breast Cancer
5. Urinary tract infections, burning, frequency,
6. Presence of blood in urine, sediment, odor with urine,
7. History of kidney, renal, and genital health issues.
8. Nocturia
9. Bladder scan
10. Incomplete bladder emptying
11. Frequency, urgency
12. Documentation

Unit 14 Aging Adult EPSLO: 2, 4, Course Outcomes 1, 2, 3, 4, 5Course Objectives 1. Recognize the developmental tasks
2. Interpret the normal aging deviations found
3. Putting it all together

Content Student will demonstrate the following assessments:1. Normal vs abnormal findings
2. Normal finding due to aging
3. Growth and development
4. Head to Toe Assessment
5. Documentation
 | Chapters 5, 14, 15, 16, 17, 22, 23, 24Chapters 18, 25, 26, 27Chapter 32, 28 | Student will randomly select the following assessment and gather subjective and objective data while perform a physical assessment on client. 1. Perform a mental status and neurological examination
2. Perform a mental status and HEENT examination
3. Perform a mental status and abdominal assessment
4. Perform a mental status and musculoskeletal assessment

Document Findings**Students will be evaluated using the performance manual criteria.**Study Guide, Lab Module Homework* Chapters 18, 25, 26, &27
* Review Vocabulary for each Chapter
* Answer all Study Guide Questions for each Chapter
* Answer All Review Questions including Matching Columns & Diagrams for each Chapter for each chapter

Reference VideosBates Mental Breast VideosJarvis Videos found under Student Resources on-line.Perform a functional assessment and perform a head to toe examinationDocument findings of a complete head to toe assessment (Workbook pgs. 259-263)Aging adult case study with critical thinking exercise.\*Health History DueStudy Guide, Lab Module Homework* Chapters 32 & 28
* Review Vocabulary for each Chapter
* Answer all Study Guide Questions for each Chapter
* Answer All Review Questions including Matching Columns & Diagrams for each Chapter

Reference VideosBates Head-Toe VideosJarvis Videos found under Student Resources on-line.ATI Skills Videos.  |
| Week 1411/28 | Holiday No Class |  |  |
| Week 1512/05 | Final Performance Examination EPSLO: 1, 2, 4, 5Course Outcomes: 1, 2, 3, 4, 5Course Objectives:Evaluate the student’s ability to identify a client issue and then gather subjective and objective data while performing a focused physical assessment. |  | The Students will randomly select a case study, identify the issue and perform a focused assessment |
| Week 1612/12 | Comprehensive Final ExaminationRetest if neededEPSLO: 1, 2, 3, 4, 5Course Outcomes 1,2, 3, 4, 5Course Objectives: Evaluate theoretical learning  | Chapters 1,2,3, 4,5, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 32. | Assess theoretical learning with written examinations using multiple choice questions, fill in the blank questions, select all that apply questions. Hot spots questions and put in order questions |