



# Skills Modules 3.0 Checklist

## Injectable Medication Administration: Administering Subcutaneous Injections

### Step by Step

SATISFACTORY /

UNSATISFACTORY

EVALUATOR'S COMMENTS

### Administering Subcutaneous Injections

\*Verify prescription for medication. Verify client's name, medication name, dose and route. Verify correct time for medication.

\*Confirm safe dosage range, adverse effects and contraindications.

\*Assess client's history of allergies.

Gather supplies, including correct needle and syringe.

\*Perform hand hygiene.

\*Introduce yourself to the client.

\*Provide privacy as needed.

\*Verify client identification using at least two client identifiers.

Ask the client if they have any allergies.

\*Provide client education about the medication.

Verify medication order, medication name, and expiration date on medication.

Scan client and medication (if barcode system available).

Put on clean gloves.

Select an administration site.

Assist the client to a comfortable position.

Assess the selected site for tenderness or other abnormalities.

Cleanse the skin with an antimicrobial agent and allow the skin to dry.

*\*Document the relevant information (assessment findings, pharmacological and nonpharmacological interventions) in the client's medical record.*

## SKILLS MODULES 3.0 CHECKLIST: INJECTABLE MEDICATION ADMINISTRATION: ADMINISTERING SUBCUTANEOUS INJECTIONS

### Step by Step

	SATISFACTORY / UNSATISFACTORY	EVALUATOR'S COMMENTS
Remove needle cap.		
Pinch the skin if necessary, with the nondominant hand.		
Using a dart-like method, administer the injection at a 45- or 90-degree angle (depending on underlying subcutaneous tissue).		
Stabilize the syringe using the thumb and forefinger of the nondominant hand.		
Use the thumb and index finger of the dominant hand to press the plunger and slowly inject the medication.		
Steadily withdraw the needle at the same angle it was inserted at.		
Immediately deploy the needle safety device.		
Apply light pressure, if needed, and apply a bandage over the injection site.		
Ensure that the client is in a comfortable position.		
Discard the needle and syringe in the appropriate receptacle.		
Remove gloves and perform hand hygiene.		
*Ensure that the client is safe prior to leaving the room.		

*\*Document the relevant information (assessment findings, pharmacological and nonpharmacological interventions) in the client's medical record.*

### References

- Lynn, P. (2019). *Skill checklist for Taylor's clinical nursing skills* (5th ed.). Philadelphia: Wolters Kluwer. p. 73.
- Potter, P. A., Perry, A. G., Stockert, P., & Hall, A. (2017). *Fundamentals of nursing* (9th ed.). St. Louis, MO: Elsevier. pp. 670-674.
- Taylor, C., Lynn, P. & Bartlett, J. (2019). *Fundamentals of nursing* (9th ed.). Philadelphia: Wolters Kluwer. pp. 849, 894-899.